

Clinical Content Approval Record

Riverbend Surgery Center · PreOp Partner patient education · content version 2026.08

Status: AWAITING FACILITY APPROVAL. Patient-facing distribution should not begin until this record is signed.

What this record covers

The PreOp Partner patient education library is owned by **Anesthesia Knowledge Company LLC**, doing business as PreOp Partner, and authored by Patrick J. Nailer, MD - board-certified anesthesiologist, who is clinically responsible for its general content. It is licensed to Riverbend Surgery Center for distribution to its own patients. The values listed below are **facility-specific**: they are supplied by Riverbend Surgery Center, and Riverbend Surgery Center is responsible for their accuracy. Signing this record confirms that Riverbend Surgery Center has reviewed and approved these values for distribution to its patients.

Facility-specific clinical values in this version

Stop solid food (hours before surgery) *	8
Stop clear liquids (hours before surgery) *	2
What counts as a clear liquid *	water, apple juice, black coffee, tea without milk
Gum, candy, mints *	counts as solid food - stop at the solid-food cutoff
GLP-1 medications (Ozempic, Wegovy, Mounjaro) *	Can slow stomach emptying and raise aspiration risk - tell your team well before surgery; they will tell you whether to hold it and for how long.
Approved medications on the morning of surgery *	a small sip of water is fine for medications your team approved, even close to surgery
Pre-op contact number shown to patients *	(555) 014-7700, Riverbend Pre-Op Nurse Line
Who a patient calls after a fasting mistake *	(555) 014-7700, Riverbend Pre-Op Nurse Line
No driving or major decisions (hours after)	24
Arrival time before the scheduled procedure	2 hours before your scheduled procedure time
Skin preparation / showering	if Riverbend gave you a CHG (antiseptic) wash, use it the night before and the morning of; otherwise a

normal shower is fine

Number to call if something changes day-of	(555) 014-7700, Riverbend Pre-Op Nurse Line
Recovery contact number	(555) 014-7700, Riverbend 24/7 Nurse Line
Temperature that should prompt a call	100.4°F (38°C)

* Values marked with an asterisk are the ones a patient is most likely to act on directly, and were the ones flagged for explicit review.

Escort requirement

A responsible adult must drive the patient home and stay with them.

Version and review

Content version	2026.08
Clinical author	Patrick J. Nailer, MD - board-certified anesthesiologist
Author approval date	2026-08-29
Record generated	2026-09-06
Next scheduled review	2027-08-29 (every 12 months)

Any change to a value above produces a new content version and a new record. Superseded records are retained. If clinical guidance changes before the scheduled review (GLP-1 guidance in particular), PreOp Partner will issue an updated version for re-approval.

Facility approval

Signature: _____

Printed name: _____

Title: _____ Date: _____

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